



ParentingNI

Practitioner Training

Being a parent of a teenager can be challenging, especially now with Covid-19. Parenting NI are providing the following **FREE ONLINE** sessions for **PRACTITIONERS** to help them support parents of teenagers

- Understanding Teen Development ~ Thurs 5th Nov ~ 10 - 11am **FULLY BOOKED**
- Supporting Teenagers Emotional Health ~ Thurs 12th Nov ~ 10 - 11am **FULLY BOOKED**
- Improving Relationships with my Teenager ~ Thurs 19th Nov ~ 10 - 11am
- Promoting Teenagers Resilience ~ Thurs 26th Nov ~ 10 - 11am
- Supporting Teenagers with their Body Image ~ Thurs 26th Nov ~ 1 - 2pm
- Parenting a Teenager ~ Thurs 3rd Dec ~ 10 - 11am
- Reducing Risk Taking Behaviour ~ Thurs 3rd Dec ~ 1 - 2pm
- Reducing Conflict in the Home ~ Thurs 10th Dec ~ 10 - 11am
- Promoting Teens Independence ~ Thurs 10th Dec ~ 1 - 2pm
- Supporting Parents Emotional Health ~ Thurs 10th Dec ~ 7 - 8pm
- The Teenage Brain with Dr Colman ~ Tues 24th Nov ~ 10 - 11.30am **FULLY BOOKED**

To register: parentingni.org/professionals/training/training-calendar/



The 
Community
Foundation
Northern Ireland



parentingni.org

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